



# 45018 Build Me “Emotions”

Ages 3–5 \* For 4–8 children

Build Me “Emotions” invites children to explore emotions! The building cards are designed to inspire open-ended construction, and the ideas below encourage new ways of using the set.



Find videos with more ideas at

### Teacher Tip

The green border on the building cards indicates a less-challenging model, and the blue border indicates a more-challenging model.



### Tip

Laminate the building cards to make them more durable.

### Primary Learning Values:

- \* **Social and emotional development**
  - sense of self
  - collaboration
  - recognizing and understanding emotions

### 5 Ideas:

- \* Use the set for conflict resolution. When a conflict arises, ask children to build a character that expresses how they feel. Then have children talk about their feelings and come up with a resolution.
- \* Use the set to explore physical characteristics, such as height and body parts like arms and legs. Introduce body language and ask children to build models with different arm and leg positions.
- \* Encourage children to build a friend who is experiencing an unpleasant emotion and explain why the friend feels this way. Then create a solution to make the friend feel better, and modify the models to represent how the friend feels after receiving help.
- \* Read a story about emotions, and then encourage children to build and describe one or more of the characters using the appropriate facial expressions.
- \* Ask children to work together to build a family. Encourage children to describe the roles of each family member and how this makes them feel.

### Vocabulary for Children:

- emotion
- feeling
- facial expression
- body language
- happy
- sad
- scared
- surprised
- confident
- embarrassed
- angry
- silly

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